



Why Neuberg Pulse Diagnostics

- ◆ Sonomammography is also performed at our centres.
- ◆ Your individual needs, concerns, and lifestyle are unique and personal.
- ◆ We treat you with compassionate, specialised care.
- ◆ The comprehensive breast program is an important sector at our centre.
- ◆ When you visit our centre, you will feel at ease with our team approach.
- ◆ Other specialists, including pathologists, surgeons and oncologists, will work together through every phase of your breast diagnosis and treatment.

OUR SERVICES

- ◆ MRI
- ◆ CT SCAN
- ◆ DIGITAL X-RAY
- ◆ PORTABLE X-RAY
- ◆ MAMMOGRAPHY
- ◆ 4D ULTRASOUND
- ◆ BMD
- ◆ OPG
- ◆ COLOUR DOPPLER
- ◆ 2D ECHO
- ◆ HOLTER
- ◆ TMT
- ◆ PFT
- ◆ ECG
- ◆ ABP MONITORING
- ◆ FENO
- ◆ ENDOSCOPY
- ◆ COLONOSCOPY
- ◆ FIBROSCAN
- ◆ H2 BREATH TEST
- ◆ EGG
- ◆ EEG ◆ EMG
- ◆ NCV
- ◆ UROFLOWMETRY
- ◆ PATHOLOGY
- ◆ EYE CHECKUP
- ◆ PHYSIOTHERAPY
- ◆ DOCTOR CHAMBERS
- ◆ HEALTH PACKAGES
- ◆ HOME COLLECTION

KOLKATA

Lansdowne
James Long Sarani
Narendrapur

Behala
Shyambazar
Joka (Pailan)

Ekbalpur
Howrah
Maniktala (PPP)

EASTERN INDIA

Asansol
Avishkar Diagnostic

Ranchi
(Powered by MSD)

Raniganj
Avishkar Diagnostic

Siliguri
Pomesh Health Care

Neamatpur
Avishkar Diagnostic

LAB SERVICES

Patna
Raman Imaging & Diagnostic

Dharmanagar
Heart Health & Immunity

Giridih
Navjeevan Nursing Home

Agartala
Prime Care Nursing Home

Dibrugarh
Ultracare Diagnostic

Jamui

Bhagalpur
Medicare Patholab

Dhanbad
Avishkar Diagnostic

Imphal
Kayaat Diagnostics

REST OF INDIA

Jammu & Kashmir | Haryana | Delhi | Punjab | Rajasthan | Uttar Pradesh
Gujarat | Madhya Pradesh | Chhattisgarh | Maharashtra | Telangana
Andhra Pradesh | Tamil Nadu | Karnataka | Kerala | Odisha | Assam | Tripura

GLOBAL

United Arab Emirates | South Africa | United States of America

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FOR FURTHER QUERIES FEEL FREE TO CONTACT

033 7198 1800

AN NABH & NABL
ACCREDITED LABORATORY



Neuberg Pulse

DIAGNOSTICS

MAMMOGRAPHY



What is a **MAMMOGRAM**

A mammogram is an x-ray picture that can detect breast cancer up to two years before a woman or health professional can feel it. (Because a mammogram is a low dose x-ray, you should not be concerned about the risk from radiation.) As a mammogram detects breast cancer even before a lump can be felt, the chances of survival are good and the best treatment options are available.

How is **BREAST CANCER** DIAGNOSED?

While breast cancer is sometimes found after symptoms appear, many women with early breast cancer have no symptoms of the disease.

This is why getting the recommended screening tests before any symptoms develop is so important.

Breast Cancer can be diagnosed by:

- ◆ Symptoms & Signs
- ◆ Clinical Examination
- ◆ Radiological Imaging
- ◆ Biopsy

In **Breast Cancer**

- ◆ A lump is detected, which is usually single, firm, and most often painless
- ◆ A portion of the skin on the breast or underarm swells and has an unusual appearance.
- ◆ Veins on the skin surface become prominent on one breast.
- ◆ The breast nipple becomes inverted, develops a rash, changes in skin texture, or has a discharge other than breast milk.
- ◆ Women's breasts can develop some degree of lumpiness, but only a small percentage of lumps are malignant. This is especially very common in the adolescent age group and is usually resolved with certain vitamins but requires stringent follow-up. While a history of breast cancer in the family may lead to increased risk, most breast cancers are diagnosed in women with no family history. If you have a family history of breast cancer, this should be discussed with us.

WHEN BREAST CANCER IS FOUND EARLY,
THE FIVE-YEAR SURVIVAL RATE IS **96%**

A thoughtful plan for **Early Breast Cancer Detection** can make all the difference

- ◆ **AGES 20-39:** Clinical exam every 3 years; start monthly self-exams.
- ◆ **AGE 40:** Get a baseline mammogram.
- ◆ **AGES 40-49:** Mammogram every 1-2 years.
- ◆ **AGE 50+:** Mammogram yearly.
- ◆ Always Track exams & appointments; maintain a low-fat diet, exercise regularly, avoid smoking & alcohol.
- ◆ **KNOW YOUR FAMILY HISTORY:** Discuss any family history of breast cancer with your doctor.

Facts

- ◆ Every two minutes a woman is diagnosed with breast cancer. One woman in eight who lives to age 85 will develop breast cancer during her lifetime.
- ◆ Breast cancer is the leading cause of death in women between the **ages of 40 & 55.**
- ◆ Seventy percent of all breast cancers are found through breast self-exams.
- ◆ Not all lumps are detectable by touch. We recommend regular mammograms & monthly breast self-exams.
- ◆ Eight out of ten breast lumps are not cancerous. If you find a lump, don't panic-call your doctor for an appointment.
- ◆ Mammography is a low-dose X-ray examination that can detect breast cancer up to two years before it is large enough to be felt.
- ◆ With being the most common type of cancer in women, breast cancer accounts for **14% of cancers in Indian women.** Breast cancer is on the rise, both in rural and urban India.

How to do a **Breast Self Examination**

IN THE SHOWER Fingers flat, move gently over every part of each breast. Use your right hand to examine left breast, left hand for right breast.

Check for any lump, hard knot or thickening. Carefully observe any changes in your breasts.

