



State of Art Modalities

- * LASER and Combination Therapy.
- * Manual Therapy.
- * Joint Mobilization & Manipulation.
- * Osteopathy
- * Strapping / Tappings
- * IFT/ IFC, TENS, UST, Shock-Wave, Diapules.
- * Cupping
- * Myofascial Release (MFR)
- * PEMF with Combination Therapy.
- * Electrical stimulation / Iontophoresis
- * Biofeedback
- * Thermotherapy (superficial or deep)
- * Cryotherapy
- * Ultrasound / Phonophoresis
- * Extracorporeal Shockwave Therapy (ESWT)
- * Laser therapy
- * Magneto Therapy
- * Manipulations/ Manual Therapy
- * Intermittent tractions
- * Dry Needling/PENS/ Electro-Dry Needling.

MRI
SAFE CT
DIGITAL X-RAY
PORTABLE X-RAY
MAMMOGRAPHY
4D ULTRASOUND
ENDOSCOPY
COLONOSCOPY
COLOUR DOPPLER
2D ECHO
HOLTER
TMT
PFT

ECG
ABP MONITORING
UROFLOWMETRY
OPG
EEG
EMG
NCV
LAB SERVICES
AUDIOMETRY
PHYSIOTHERAPY
DOCTOR CHAMBERS
HEALTH PACKAGES
HOME COLLECTION

LANDSOWNE

75, Sarat Bose Road,
Kolkata - 700 026

BEHALA

60, Diamond Harbour Rd.
Kolkata - 700 008

JAMES LONG SARANI

127D, James Long Sarani,
Kolkata - 700 008

HOWRAH SANDHYA BAZAR

107/1, GT Road (South),
Howrah - 711 101

EKBALPUR

2, Mayurbhanj Road,
Kolkata - 700 023

SHYAMBAZAR

124 B, Bidhan Sarani,
Kolkata - 700 004

MANIKTALLA PPP MODEL

54, Bagmari Road,
Kolkata - 700 054

LANDSOWNE OPD

96/2, Sarat Bose Road,
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Call For Info



AN NABL & NABH
ACCREDITED LABORATORY

PHYSIOTHERAPY & REHABILITATION



About Us

Holistic physio and rehabilitation clinic-based guidelines located at South Kolkata's prime location provides a one-stop place for all the pain-related issues, latest approaches with Osteopathy, Manual therapy, Manipulations, Dry needling, Acupressure/ Acupuncture, Cupping, Tapping & PEMF are some of the advance approaches in pain relief here.

Clinical Facilities

- Physio Health Assessment for Visa (Australia)
- Geriatrics Physio
- Pediatric Rehab
- Cardio Pulmonary Rehab
- Pain Management
- Medical Gym
- Antenatal and Postnatal Care
- Pre & Post-operative management in Ortho/Neuro Conditions

Modern Physiotherapy

Physiotherapy is an integral part of modern healthcare system today. It helps in releasing pain restoring and improving movements, keeping patient healthy, fit & active, there by improving the quality of life. It also plays an important role in avoiding surgical and long term usage of medications.

Therapeutic Indications

- Pain Relief or Modulation
- Reduce Inflammation
- Improve Circulation
- Tissue Healing
- Scar Tissue Remodelling
- Skin Condition Treatment
- Increase ROM
- Enhance Muscle Activation
- Decrease Unwanted Muscular Activity
- Preservation of Strength After Injury or Surgery
- Reduction or Elimination of Oedema

Our Goal

To educate, influence and inspire all patients to strive for a healthier existence.

Our biggest assets are:

- Contribute to best practice standards & experienced healthcare.
- Senior qualified practitioners with the Clinical expertise of 28 years.
- Customer service with a personal touch.
- Strong patient education.
- Realistic goals.
- State of Art equipment
- Promote ethical, efficient & Costeffective physical therapy services with scientific approach is following evidence based practice.
- Online Consultancy & Assessment including online education & automated guidelines, exercise & progress monitoring.
- Upto-date evidence-based protocols on modern pain management including cancer pain management.
- Inculcate emerging technologies in Physical Therapy approaches.
- Empower the disabled.

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